

# FACTSHEET n°1: MENTAL HEALTH

## FACTS & FIGURES

Across the EU, the annual economic cost of mental ill-health are estimated at over **€600 billion**.

People with mental disorders experience disproportionately higher rates of **disability** & **mortality**.

**One in four** people have mental health problems.

By 2050, the proportion of the world's older adults is estimated to increase from 900 million to **2 billion people**. Over **20%** of adults aged 60+ suffer from a mental or neurological disorder.

**1 in 3** people with mental health problems have **no access** to mental health care



People with severe mental health problems have an average **reduced life expectancy** of between 10 to 25 years.

**Suicide** is the **second** most common **cause of death** among young people worldwide.

The figures above represented concern the EU, unless specifically stipulated otherwise. Sources are listed [here](#).

## OUR RECOMMENDATIONS

